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The New Yiddish Kitchen

By Jennifer Robins, Simone Miller

Hardback. Book Condition: New. Not Signed; The New Yiddish Kitchen is a modern take on the great Jewish cooking tradition. It's a lifesaver for Jewish home cooks around the world who have cut processed grains and/or dairy from their diets. With 100 traditional Jewish foods adapted for the Paleo diet, photos to go with each and bonus practical guides, readers will enjoy the holidays and everyday meals stress-free. Some example recipes in the book are grain-free Challah, Matzo Balls, Sweet3 Potato Latkes, Smoked Squash Hummus, Everything Bagels with Cashew Cream Cheese and Blintzes with Blueberry Topping. Of course, you don't have to be Jewish to love homemade bagels or matzo ball soup, so even L non-Jewish readers will enjoy the variety of Paleo and gluten-free dishes. Authors Simone Miller and Jennifer Robins are well established in the Paleo cooking community. Miller is the author of the bestselling Zenbelly Cookbook and Robins is the author of forthcoming Down South Paleo. Simone and Jennifer released an ebook version of The New Yiddish Kitchen mid-December 2015 and it sold over 1,000copies quickly with a positive response from their readers. The new print book will have twice the number of recipes2 and photos, and...



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Reviews

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-- **Olga Ledner MD**

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